

Athletics Trust Scotland Proms 3K
7 Sept 2022
Race Number 6

No	Place	Forname	Surname	Club	Category	Time
111	1	Martin	Mueller	Metro Aberdeen RC	Senior Male	9.15
55	2	Kenny	Garden	Metro Aberdeen Running Club	Senior Male	9.44
34	3	Matthew	Hodkinson	Metro Aberdeen Running Club	Senior Male	9.50
139	4	Joe	Folan	Metro Aberdeen RC	Senior Male	9.52
57	5	Kyle	Gibson	Young Meldrum Runners	Junior Male	9.55
106	6	Jamie	Ross	Deeside Runners	M45	10.24
127	7	Garry	Joss		Senior Male	10.42
125	8	Zoe	Bates	Aberdeen AAC	Senior Female	10.44
138	9	Jason	Kelly	Metro Aberdeen Running Club	Senior Male	10.45
10	10	Kevin	Morice	Moray RR	M45	10.48
131	11	Luke	Nicholls		Junior Male	10.49
9	12	Quintin	Chalmers	Metro Aberdeen Running Club	M45	10.54
67	13	Hannah	Mutch	AAAC	Senior Female	11.01
133	14	Nate	Rennie	Aberdeen AAC	Junior Male	11.17
130	15	Neil	McBain	Metro Aberdeen Running Club	M40	11.24
121	16	Brian	Urquhart	Fraserburgh Running Club	M65	11.29
66	17	Gavin	McLennan	Metro Aberdeen Running Club	M40	11.33
114	18	Mark	Hale	Metro Aberdeen Running Club	M40	11.44
98	19	John	Robertson	Peterhead Athletics Club	M65	11.53
7	20	Sam	Brooks	Aberdeen AAC	Junior Male	12.17
113	21	Wilson	Wilcox		M65	12.28
129	22	Ben	Kedward		Junior Male	12.40
128	23	Paul	KEDWARD	Insch Trail Running Club	M45	12.40
31	24	Ian	Thom	Metro Aberdeen Running Club	M65	12.42
11	25	Billy	Brooks		M45	12.48
43	26	Greg	Bruce	Fraserburgh Running Club	Senior Male	12.49
123	27	Francis	Walker		Senior Male	12.49
122	28	Philip	Owens	Garioch RR	M60	12.56
136	29	Kevin	Tulloch	Pictou County Y Tri Club	M55	13.51
134	30	Ellis	Simpson		Junior Male	13.57
65	31	Carol	Massie	Fraserburgh Running Club	F55	14.03
6	32	Frank	Campbell	Metro Aberdeen Running Club	M40	14.52
90	33	Rosemary	Leiper	Metro Aberdeen Running Club	F65	14.56
105	34	Cynthia	Fry		F60	15.32
17	35	Douglas	Garrick		M60	15.57
137	36	Rhian	Naylor		Senior Female	16.05
77	37	Raymond	Simpson		M65	16.15
28	38	Lana	Hadden	Metro Aberdeen Running Club	F65	16.29
8	39	James	Wright	Hunters Bog Trotters	M65	20.08